

Activity 8: Building Momentum

Session Title: Building Momentum	
Date/Time: 2:40 - 3 pm	
Presenter:	
Description: <ul style="list-style-type: none">● To plan for building momentum● Create a Community Disaster Plan that can carry forward energy and tools created in workshop	
Learning objectives: <ul style="list-style-type: none">● To realize that long-term success will require ongoing effort on part of community-based volunteers● Provide opportunities for participants to think about what they can do to continue increasing preparedness● To identify potential leaders and volunteer assistants to build momentum in their communities (workplace, neighbourhood, etc.).	
Instructional techniques: <ul style="list-style-type: none">● Break into groups of 5 and write the answers to these questions first on your own for about 7 minutes, then discuss with group for about 7 minutes.● Note taking by someone in the group (use scrap paper and write activity 8 on top and the Question # - don't need to rewrite wording of Q)● Share one point with the rest of the group later from each table for one of the questions (Table 1 Question 1, Table 2 Question 2, etc.) for about 1 minute per table (6 minutes total)	
Speaking points: <ol style="list-style-type: none">1. Emphasize that Disaster Plans are community documents and processes<ul style="list-style-type: none">○ Note: Ideally, this will be a theme throughout the day.2. A successful Community Disaster Team includes dedicated volunteers, regular meetings, ongoing learning, etc. <p>Questions:</p> <ol style="list-style-type: none">1. What can you do at your workplace to continue awareness and preparation in case of an emergency?2. Is there an opportunity to build an "Emergency Preparedness Team" to continue thinking about preparedness in the workplace?3. How can you translate what you learned today in your household?4. How can you translate what you learned today in your neighbourhood?	

<p>5. What resources would you need to continue emergency prep for these different locations (household/neighbourhood/workplace)?</p> <p>6. Who would you need to involve or contact to be more prepared?</p>	
<p>Demo activity details:</p> <ul style="list-style-type: none"> • 	
<p>Assessment plan:</p> <ul style="list-style-type: none"> • Were leaders and/or volunteers identified? • Share ideas for creating disaster preparedness plans 	
<p>Estimated duration of activity:</p> <ul style="list-style-type: none"> • 20 minutes 	
<p>Instructor (I) and participant (P) resources/materials:</p> <ul style="list-style-type: none"> • Whiteboard and/or flip chart paper • Markers • Community Disaster Preparedness Team information kit <ul style="list-style-type: none"> ○ Binders/folders <ul style="list-style-type: none"> ■ What to include? 	
<p>Volunteers required (# and specific expertise?):</p> <ul style="list-style-type: none"> • Two primary facilitators 	
<p>Facilities required:</p> <ul style="list-style-type: none"> • One large meeting room • Chairs for all participants 	
<p>Additional notes:</p>	